



Fifth Dimension

# MET System™ - Learning that lasts

## training, teambuilding, seminars and conferences

In many instances information gained at training courses and seminars is forgotten within a week, wasting time and money! For things to be remembered you must hold people's attention - otherwise nothing is retained, and there is no long-term benefit.

Our approach is guaranteed to gain your staff's interest, which in turn, will grab their attention and enhance their learning ability. Having got their attention, an added benefit is that they will enjoy the training in a relaxed and supportive environment. Your staff or delegates will remember our involvement and the key messages long after your training event is over.

**Our approach will last.** It can also save you money, as retraining costs will be reduced due to higher retention of key messages.

Our methods also have the added benefit of improving morale.

Our unique form of training will ensure your employees make efficient use of their time on the programme. Attention is held by a very different system whereby the trainee is not a passive observer but will be drawn into active learning. Because our approach is experiential it helps information transfer from short-term to long-term memory.

Why is our approach to training different and more effective? Quite simply, we have a magical touch. We use Magically Enhanced Training™ or as we call it the MET System™.

We use Humour and Magic, which is relevant to the content being delivered in order to convey the key learning messages. The information is remembered and retained due to the ingenious related magic, which acts as a memory aid to the key learning messages or safety procedures essential to a well-run company. The morale of the staff increases and the need to retrain as often is diminished. The benefits of using our approach are numerous and include:

- ★ **Assists retention** of key information.
- ★ Brings a **fresh approach** to a dry subject.
- ★ Provides **opportunity for discussing** the effects and the key messages long after the event is over.
- ★ Builds laughter into a dry topic, which in turn helps to **build rapport and commitment!**
- ★ Can **save money** through less retraining.
- ★ Helps **build staff morale**

Over the past 6 years, **Fifth Dimension** has developed a unique approach to delivering a variety of Training, Team Building Courses and themed presentations. We have delivered sessions on key subject matter including leadership, communication, project management, creativity, problem solving, time management, organisational skills, decision making, planning and the benefits of working in a team. We have recently run our new Health & Safety Presentation for a variety of companies highlighting that 'Safety doesn't happen by Magic!'

If you would like to find out more about how we can help freshen up your next training course and bring the benefits outlined above, then please give us a call and we would be delighted to meet with you. And we guarantee the meeting will be fun! Once MET™ never forgotten

"Fifth Dimension's involvement in both team building sessions was invaluable. The activities they organized greatly helped the guys relate to the key messages about leadership, teamwork and having fun in the process"

**Chevron Texaco**

"Fifth Dimension provides a very creative process aligning fun and excitement with team development. They are flexible and tailor the 'activities' to the company objectives providing a very memorable occasion that reinforces the event's message"

**Schlumberger**



[www.fifthdimension.biz](http://www.fifthdimension.biz)